



Website

f Facebook

Twitter

Instagram

Battle Warehouse and Krazee Klimb now open

The newest additions to an entertainment centre near Boston means the venue truly has something to offer all ages.

Battle Warehouse and Krazee Klimb opened at Boston Bowl in Rochdale Tower Lane off the A52 Wainfleet Road at the end of last month. Both are for all ages, but are likely to appeal to a certain age group familiar with Nerf guns and looking for high-climbing thrills.

The Leggate family, farming experts who supply supermarkets with vegetables, diversified 24 years ago when they opened Boston Bowl. That has developed over the years, with a full refurbishment three years ago, into the area's premier bowling centre. It features latest bowling technology, a refreshments and entertainment area with a dance floor which has free live

entertainment with bands on Saturday nights from 8.30pm through the winter, licensed bar and exotic lighting and a smoke machine for special occasions.

In December, 1999, they then opened Playtowers on the site – an all-ages soft-play area over seven floors including fully-enclosed helter-skelter slides from roof top to floor. This has an area where parents can relax with a bite to eat and a drink but be in clear view of their children. It also includes an enclosed soft-play area for the under-fours with sensory effect such as special lighting, music, sound effects and a magical air-lift bubble fountain, all controlled by the children.

Sliders Diner offers an American-style dining experience for all the family with local ingredients prepared and cooked on site.

Read more at <http://bit.ly/2AhtsrK>

Indoor Triathlon Challenge

Can you swim, bike, run? Want to complete a triathlon, but are put off by the big iron man/woman challenges? Take part in the indoor triathlon at the Geoff Moulder Leisure Complex. The event takes place on Sunday, November 26, from 11am to 3pm. Sign up by completing an application form available from the Geoff Moulder reception. Entry fee £15. All proceeds to St Barnabas Hospice. This event is sponsored by Taylor iTEX and Boston Big Local.



Online help with your health

Need advice, reassurance or even a little help to manage and improve your health? Take a look here <https://apps.beta.nhs.uk/> for masses of useful information about a whole range of health issues. It has a whole heap of guides and apps dealing with everything from learning how to relax and manage stress to being sure about how much sugar is in the food and drink you consume. Read more at <http://bit.ly/2irpZQd>

Look before you book this Christmas

If you are booking a restaurant for your work's Christmas party this year make sure you choose a venue that is taking food hygiene seriously. So "look before you book" this festive season and check the food hygiene rating.

Read more at <http://bit.ly/2jbrYwc>



Hair today, gone tomorrow

Niamh Rush, aged 9, the Mayor's granddaughter made the brave and generous decision to donate hair to the Little Princess Trust. The charity provides real-hair wigs, free of charge, to boys and girls who have lost their own hair through cancer treatment and other illnesses.

Read more at <http://bit.ly/2ftlwQO>



High-climbing thrills, have a go on the ice climber! Youngsters taking aim with the Nerf guns



Week 31 winner – Read more at <http://bit.ly/2ngHd3i>

TRANSPORTED

Boston Christmas Market

Thursday, November 23

12noon to 7.30pm

Christmas lights switch-on ❄️ Illuminate parade

